

# Jesus Carries the Cross



*"Carrying his own cross, He went out to the place of the Skull (which in Aramaic is called Golgotha). There they crucified him, and with him two others—one on each side and Jesus in the middle."*

**John 19:17-18**

Jesus was made to carry a heavy wooden cross to a hill called Golgotha, where He was crucified, which means He was nailed to the cross and left to die. It was a very sad and difficult time for Jesus, but He did it because He loves us and wanted to save us. He prayed for all the people who were hurting Him. He said, "Father, forgive them, for they do not know what they are doing."

## **Why is the cross an important symbol for Christians?**

The cross is an important symbol for Christians because it represents Jesus' sacrifice and ultimate act of love. It reminds Christians of Jesus' death on the cross to save humanity from sin and bring forgiveness and salvation. The cross symbolises hope, redemption and the promise of eternal life through faith in Jesus Christ. It serves as a powerful reminder of God's love and mercy towards humanity, and it inspires Christians to be thankful every day for who Jesus is and what He has done.

## **Prayer**

Dear God,

As we reflect on Jesus carrying the cross to Golgotha, our hearts are heavy with the weight of his sacrifice. We are reminded of the immense love He showed us by enduring such pain and suffering. Help us to never forget the significance of the cross. May it serve as a constant reminder of Your unconditional love for us and the incredible gift of salvation that Jesus provided through His death. May we find strength in His example and comfort in knowing that He walks beside us every step of the way.

In Jesus' Name we pray. Amen.